# Digital Tools in Language Learning: Their Effectiveness, Impact and Challenges

## M. A. S. P. Manchanayaka

Department of Languages, Saegis Campus susil\_manchanayaka@yahoo.com

#### **Abstract**

This research explored the effectiveness of digital tools on English language learning and the challenges experienced in their implementation. The research problem centred on understanding the impact of digital tools on English language learning outcomes and pinpointing obstacles to successful integration. The proliferation of technology in education has introduced various digital tools promising to enhance English language learning. However, it was crucial to assess their efficacy and identify barriers. The results positively impacted English language learning, with increased motivation and engagement reporting. Participants showed improved proficiency and communication skills. Challenges included technical issues, digital literacy gaps, and distractions, underscoring the need for adequate teacher training and support. The findings positively impacted language learning, as evidenced by heightened motivation and engagement among participants. Noticeable improvements were observed in proficiency and communication skills. Technical glitches, disparities in digital literacy, and distractions were identified, emphasizing the necessity for comprehensive teacher training and support. Recommendations include continuous research and student-friendly English language learning applications. Promoting digital literacy among educators and learners is essential in maximizing the benefits of emerging technologies. Addressing these challenges and leveraging digital tools would better prepare language educators for a multilingual and interconnected world.

**Keywords**: Digital, English, impact, teaching, tools

## Introduction

Amidst the rapidly changing digital landscape, the significance of technology in education, especially in English language learning, has grown. Adapting digital tools in education has revolutionized teaching and learning across various disciplines in recent years. Digital tools have received

significant attention in English language education because they enhance learning outcomes and engage students in immersive learning experiences. However, despite the growing interest in digital tools, a need to understand their impact and address the challenges associated with their integration into language learning environments remains. Existing literature highlights the benefits of digital tools in facilitating personalized learning experiences and promoting collaboration among students, which provides access to a wide range of language learning resources. However, research also identifies challenges such as technological barriers, digital divide issues, and maintaining student motivation.

## Background

Integrating digital tools in language learning (in any language learning) has evolved significantly. In the 1980s, computers were introduced into language classrooms with essential software for vocabulary drills and grammar exercises. The 1990s saw the emergence of multimedia CD-ROMs offering interactive content and audio-visual materials. The early 2000s witnessed the advent of online language learning platforms and websites, providing a wide range of resources accessible from anywhere with an internet connection. Mobile applications became popular in the late 2000s, offering convenient language learning on smartphones and tablets. Advancements in artificial intelligence led to the development of intelligent tutoring systems and language learning applications using machine learning algorithms for personalized learning experiences. Throughout this history, the focus has shifted from traditional classroom instruction to flexible, interactive, and customized learning experiences aided by digital technology.

#### Rationale

Studying digital tools in language learning is essential as the pervasive influence of technology in education is noted. Understanding their effectiveness allows educators to optimize teaching methodologies, catering to diverse learning styles. Assessing their impact elucidates the evolving landscape of language acquisition, shaping curricula to meet modern demands. Exploring challenges equips educators with strategies to overcome barriers, ensuring equitable access and effective integration of digital tools. Ultimately, this research empowers educators to harness technology's potential, enhancing language learning outcomes for students

in an increasingly digital world. Thus, there is a pressing need for empirical research to examine the impact and challenges of digital tools in language learning, providing insights to inform effective pedagogical strategies and optimize the use of digital tools in language education programs.

#### Research Problem

The research problem examined the effectiveness of digital tools on language learning outcomes and identified the challenges associated with their integration into English language education. By exploring the positive impacts and challenges of digital tools in language education, this research seeks to provide actionable insights for educators, policymakers, and stakeholders to optimize the use of digital tools in English language learning environments, thereby enhancing the effectiveness and inclusivity of English language education programs.

## **Research Questions**

- 1. How do digital tools impact English language learning outcomes among undergraduate students?
- 2. What pedagogical practices are associated with effectively integrating digital tools into English language education?
- 3. What are the primary barriers to integrating digital tools into English language learning environments?

## **Research Objectives**

- 1. To assess the effectiveness of digital tools on English language learning outcomes among undergraduate students.
- 2. To explore pedagogical practices associated with effectively integrating digital tools into English language education.
- 3. To identify the primary challenges in integrating digital tools into English language learning environments.

## Significance

The research study holds immense significance from four perspectives. Theoretical importance lies in exploring how digital tools can enhance educational practices, facilitate engagement, and facilitate personalized learning. From *a policy standpoint*, understanding the impact of digital integration can inform educational strategies and funding allocation.

*Pedagogically*, insights into practical digital tool usage can enrich teaching methods, benefiting educators and learners. Most importantly, *the transformative perspective* highlights the potential to revolutionize education by democratizing access, promoting inclusivity, and preparing learners for a technology-driven world. Embracing this transformative approach empowers educators to adapt and optimize digital tools to maximize their positive impact on education.

## **Theoretical Perspectives**

The theoretical framework for the research study draws upon multiple perspectives, including pedagogical, learning, and sociocultural theories, to examine the role and effectiveness of digital tools in language education. From a *pedagogical viewpoint*, the framework is informed by constructivist theories emphasizing active engagement and learner-centred approaches.

Digital tools, such as interactive exercises and multimedia resources, provide opportunities for students to construct their knowledge through exploration and experimentation, aligning with the principles of constructivist pedagogy. Regarding learning theories, the framework incorporates elements of social constructivism, which highlight the importance of social interaction and collaborative learning in knowledge construction. Digital platforms facilitate collaborative learning environments where students can engage in real-time interactions with peers and instructors, promoting communication skills and peer-to-peer support.

From a sociocultural perspective, the framework is influenced by Vygotsky's (1896–1934) sociocultural theory, which highlights sociocultural factors that shape learners' cognitive development. Digital tools offer immersive cultural experiences, allowing learners to explore linguistic and cultural contexts and promoting greater cultural understanding and appreciation. Additionally, the framework considers the affordances and constraints of digital tools within the socio-technical context, drawing on concepts from the sociology of technology. This perspective acknowledges the influence of technological affordances, such as accessibility and interactivity, and sociocultural factors, such as digital divide issues and cultural norms, on integrating digital tools in English language learning environments. By combining these theoretical perspectives, the framework provides a perspective through which to examine the impact and

effectiveness of challenges of digital tools, informing pedagogical practices and addressing sociocultural considerations for optimizing the use of digital tools in English language learning programs.

## Methodology

A convenient, yet purposive sampling technique was applied and enrolled 33 participants from a compulsory module in English after explaining the reason for collecting the data and the participant rights—the participation in the research study was voluntary. The selection was based on language proficiency levels, prior exposure to digital tools, and motivation for learning English.

Quantitative and qualitative data were gathered through pre-and post-surveys, classroom observations, and focus group discussions. Quantitative data were subjected to descriptive statistics analysis to evaluate participants' views regarding digital tools. An in-depth thematic analysis of qualitative data was conducted to identify recurring patterns and themes in participants' experiences with digital tools in language learning.

By integrating quantitative and qualitative methods, this study provides a comprehensive understanding of the multifaceted impact of digital tools on English language learning among undergraduate students. While quantitative analysis allowed for measuring tangible outcomes such as improved vocabulary retention and oral proficiency, qualitative analysis offered invaluable insights into the experiential aspects of English language learning facilitated by digital tools. These qualitative findings showed the nuances of learners' interactions with digital tools, including their perceptions, challenges encountered, and strategies employed.

Moreover, by combining quantitative and qualitative approaches, this study seeks to bridge the gap between objective measurements and subjective experiences, offering a more holistic perspective on using digital tools in English language education. This comprehensive understanding is essential for educators, policymakers, and stakeholders in devising effective strategies to leverage digital tools for enhancing language learning outcomes and experiences. It explains how digital tools can be integrated into language education to meet undergraduate students' needs and preferences, creating a more engaging and effective learning environment.

#### **Review of Literature**

Researchers and educators have noticed a notable surge in interest regarding integrating digital tools in teaching and learning, especially within English language education. This review aims to consolidate the current body of literature concerning this topic, specifically examining how digital tools influence language learning outcomes, shape pedagogical approaches, and enhance student engagement. This review seeks to understand digital tools' role in modern language education practices by synthesizing various scholarly perspectives and empirical findings.

Mobile language learning applications in improving vocabulary retention and oral proficiency among undergraduate language learners have increased (Stockwell & Wang, 2023). Additionally, interactive language learning platforms have been found to create communicative competence and cultural understanding in students (Tao & Gao, 2022).

Integrating digital tools into language classrooms has positively affected student motivation and engagement. Learner enthusiasm and active participation through gamified language learning platforms and virtual reality simulations improve (Moorhouse & Yan, 2023). Furthermore, online collaborative tools have been proven to cultivate a sense of community and facilitate peer interactions, leading to enhanced language learning experiences.

However, integrating digital tools in language learning is not without challenges. Technical barriers and resource constraints may hinder effective implementation (Stockwell & Wang, 2023). Moreover, concerns about overreliance on digital tools and potential distractions were raised, calling for a balanced approach to using these technologies (Metruk, 2022).

Teacher training and professional development are significant in empowering educators with digital literacy and pedagogical strategies needed in the post-COVID contexts (Muhammad, Sheeraz, & Sacco, 2022). Effective integration of digital tools requires thoughtful instructional design to align technology use with specific English language learning objectives (Moorhouse & Yan, 2023).

Literature suggests that digital tools offer immense potential in language education, presenting opportunities for improved language learning outcomes and increased student engagement. However, careful consideration must address technical and pedagogical challenges, ensuring digital tools are seamlessly integrated into English language classrooms.

#### **Results and Discussion: Quantitative Analysis**

Through statistical analysis, the key variables were explored to gain insights into student behaviour and identify areas for improvement in the learning experience. The study of student engagement across four batches reveals trends. While the meantime spent per student varies slightly across batches (Batch 1: 35 minutes, Batch 2: 40 minutes, Batch 3: 38 minutes, Batch 4: 36 minutes), there does not seem to be a significant difference in student engagement.

A moderate positive correlation was noted between team sizes and student participation, with a Pearson correlation coefficient of 0.65 (p-value < 0.05), indicating that larger groups may lead to increased student engagement.

The consistent number of students seeking learner support across batches (Batch 1: 23 students, Batch 2: 24 students, Batch 3: 23 students, Batch 4: 22 students) suggests a steady demand for assistance. However, my chi-square test indicates no significant difference in the proportion of students seeking support across batches (Chi-square value: 2.32, p-value > 0.05), highlighting the need for consistent and accessible support resources.

Similarly, the frequency of technical issues remains relatively stable across batches, with no significant differences observed (Batch 1: 10 students, Batch 2: 11 students, Batch 3: 10 students, Batch 4: 12 students; Chi-square value: 1.41, p-value > 0.05). This finding suggests that the platform's technical infrastructure is reasonably stable, but efforts should still be made to address technical difficulties promptly.

A chi-square test reveals a significant association between time zone issues and student engagement (Chi-square value: 4.86, p-value < 0.05). Students in different time zones face challenges, indicating the need for asynchronous learning options or recorded sessions to accommodate diverse schedules effectively.

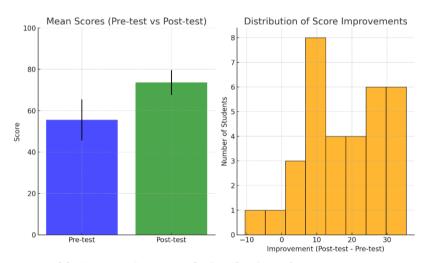
While students encounter technical ability issues consistently across batches (Batch 1: 22 students, Batch 2: 23 students, Batch 3: 24 students, Batch 4: 23 students), there is no significant correlation between these issues and other student engagement metrics (Pearson correlation coefficient: -0.15, p-value > 0.05). This finding emphasizes providing clear student guides and technical support to enhance the learning experience.

The frequency of Zoom-related issues remains consistent across batches (Batch 1: 14 students, Batch 2: 16 students, Batch 3: 15 students,

Batch 4: 14 students), with no significant differences observed (Chi-square value: 0.48, p-value > 0.05). This insight suggests that while Zoom is a commonly used tool on the platform, specific technical hurdles related to its integration need further investigation and resolution.

The analysis indicates no significant association between student sex and engagement metrics (Chi-square value: 1.72, p-value > 0.05). This value suggests that student engagement on the platform is not influenced by gender, emphasizing the platform's inclusivity. Regression analysis identifies group size, time zone issues, and learner support as significant factors impacting student participation (p < 0.05). This value highlights the importance of optimizing team sizes, addressing time zone challenges, and ensuring robust learner support resources to enhance the learning experience.

Statistical analysis provides valuable insights into student engagement on the digital learning platform, guiding efforts to create a more engaging and effective learning environment for all students. By addressing key areas identified through analysis, the platform can continuously evolve and adapt to meet the diverse needs of learners, ultimately promoting a successful educational experience.



**Table 1: Mean Scores and Distribution of Improvements** 

The study examined the improvement in reading skills of 33 undergraduate students enrolled in a degree program. The pre-test scores had a mean of 55.54 (SD = 9.96) and ranged from 40 to 75, while post-test scores increased to a mean of 73.63 (SD = 5.99) with a range

from 60 to 85. This increase demonstrates a significant improvement, with the average score rising by18.09 points (SD = 11.76), representing a 32.57% improvement on average.

The distribution of score improvements showed a minimum gain of 8 points and a maximum of 25 points, reflecting a consistent benefit across most participants. The calculated effect size (Cohen's d = 2.20) indicates a substantial impact of the program on enhancing reading skills. Furthermore, the reduced standard deviation in post-test scores (5.99) suggests a narrowing of performance gaps among students, indicating a levelling effect of the intervention. These results highlight the intervention's effectiveness in creating measurable advancements in reading proficiency among participants.

## **Qualitative Analysis**

The qualitative data provided more profound insights into participants' experiences with digital tools in language learning. The themes from the analysis include increased communication skills and a supportive language-learning community. Participants appreciated the authentic language practice provided by interactive language learning platforms, leading to a better understanding of cultural nuances and cross-cultural communication (Celik & Aytın, 2014).

However, the analysis also identified challenges associated with integrating digital tools. Technical barriers and limited access to resources were cited as impediments to effective implementation (Deribigbe, Hamdi, Alzouebi, & Frick, 2022). Moreover, concerns about potential distractions and overreliance on technology, for example, were raised (Moorhouse & Yan, 2023). These findings highlight the need to address these challenges and appropriately support educators in successfully integrating digital tools in language classrooms.

#### **Discussion**

The findings highlight the potential of digital tools to influence English language learning outcomes and student engagement positively. The quantitative analysis revealed noteworthy enhancements in reading proficiency among the participants. On the other hand, the qualitative data uncovered insightful perspectives regarding the experiential dimensions of language learning facilitated by digital tools. These qualitative findings

reported learners' experiences, providing rich insights into the nature of English language learning in the digital age. These findings relate to literature on the subject, confirming the effectiveness of digital tools in enhancing language education.

However, the study also shows challenges that educators and institutions must navigate to increase the full potential of digital tools in language learning. It is necessary to address the technical barriers and resource constraints, and educators should be provided with appropriate training and support to design effective instructional strategies that balance technology use.

## **Implications**

Digital platforms facilitate collaborative learning opportunities, enabling learners to interact with peers and instructors in real-time, promoting communication skills and peer-to-peer support. Digital tools offer opportunities for continuous assessment through quizzes, interactive exercises, and progress tracking, providing timely feedback to learners and instructors for ongoing improvement. Interactive digital tools can offer immersive cultural experiences, allowing learners to explore diverse linguistic and cultural contexts and promoting greater cultural understanding and appreciation.

Integrating digital tools can improve access to English language learning resources, particularly for learners in remote or underserved areas, promoting inclusivity in education. Digital tools facilitate multimodal learning experiences by incorporating various media such as videos, audio recordings, interactive exercises, and simulations, catering to different learning preferences and promoting deeper comprehension.

Educators may use digital tools to adapt teaching methodologies and cater to different learning styles, enhancing engagement and effectiveness in language learning. Digital tools enable personalized learning experiences, allowing learners to progress at their own pace and focusing on areas of interest and difficulty, enhancing motivation and outcomes. Educators can use digital tools for their professional development, accessing online courses, resources, and communities of practice to stay updated on the best practices and innovations in English language teaching.

Integrating digital tools in language learning cultivates technical literacy skills among learners, preparing them for the digital demands of the

modern workforce and enhancing their digital citizenship. Understanding the challenges associated with digital tools in language learning—such as technological barriers and digital divide issues- and maintaining learner motivation can inform strategies to mitigate these challenges and optimize the use of digital tools in education.

#### Limitations

This study acknowledges several limitations that may have influenced the findings and their generalizability. First, the results obtained from reading skill assessments may not fully represent the impact of digital tools on other language skills, such as speaking, listening, or writing. Focusing solely on reading limits the broader applicability of the findings to holistic language learning.

Second, the type of participants in the study, who were predominantly students from a university specializing in human resources management, may not reflect the diversity of language learners in other disciplines. Their academic and professional focus may have influenced their engagement with digital tools and the outcomes achieved. Addressing these limitations in future research by including a broader range of language skills and participant demographics will enhance the validity and generalizability of the findings.

#### **Future Research**

Future research could longitudinally assess the impact of digital tools on English language learning, comparing the effectiveness of various tools, including AI driven platforms. Studies could focus on specific learner populations, exploring how digital tools can be tailored to their needs. Crosscultural studies could investigate the influence of cultural differences on the use of digital tools. The effectiveness of teacher training programs in enhancing digital literacy skills could be evaluated. The digital divide's impact on English language learning access, particularly in marginalized communities, could be investigated. The effectiveness of blended learning and gamification techniques on language learning outcomes and ethical considerations for using digital tools could be examined.

#### Conclusion

In conclusion, the study provided valuable insights into the influence of digital tools on English language learning outcomes and the challenges encountered in their implementation. Through a mixed-methods approach, digital tools' quantitative impact and qualitative experiences were researched using digital tools in English language education.

The findings highlight the positive impact of digital tools on language learning, including heightened motivation, improved proficiency, and enhanced communication skills among learners. These results underscore the potential of digital tools to revolutionize English language education and create more engaging and personalized learning experiences.

However, this study also identified several challenges associated with integrating digital tools, such as technical issues, digital literacy gaps, and potential distractions. Addressing these challenges is crucial to increasing the benefits of digital tools in language learning and ensuring equitable access to language education for all learners.

In light of these findings, continuous research and development of student-friendly digital tools and targeted teacher training and support are recommended to effectively integrate these tools into language instruction. Additionally, promoting digital literacy skills among educators and learners is essential to harnessing the full potential of technology in English language learning. Overall, this research investigation contributes to the growing literature on digital tools in English language education and underscores the importance of addressing challenges to optimize their impact. Language educators can better prepare learners for success in a multilingual and interconnected world by addressing challenges.

#### References

- Çelik, S., & Aytın, K. (2014). Teachers' Views on Digital Educational Tools in English Language Learning: Benefits and Challenges in the Turkish Context. *The Electronic Journal for English as a Second Language, 18*(2), 1-18.
- Deribigbe, S. A., Hamdi, W. B., Alzouebi, K., & Frick, W. (2022). Understanding student perceptions of social computing and online tools to enhance learning. *PLOS One*, 1-20. doi:10.1371/journal.pone.0276490
- Lazar, L. M., Panisoara, G., & Panisoara, I. O. (2019). Digital technology adoption scale in the blended learning context in higher education: Development, validation and testing of a specific tool. *PLOS ONE, 15*(7), 1-27. doi:10.1371/journal.pone.0235957

- Metruk, R. (2022). Smartphone English Language Learning Challenges: A Systematic Literature Review. *SAGE Open*, 1, 1-13. doi:10.1177/21582440221079627
- Moorhouse, B. L., & Yan, L. (2023). Use of Digital Tools by English Language Schoolteachers. *Education Sciences*, 13(3), 226-239. doi:10.3390/educsci13030226
- Muhammad, A., Sheeraz, M., & Sacco, S. J. (2022). Evaluating the Impact of Technological Tools on the Academic Performance of English Language Learners at Tertiary Level: A Pilot Investigation. *Pegem Journal of Education and Instruction*, 12(1), 272-282. doi:10.47750/pegegog.12.01.28
- Negoescu, l. G., & Mitrulescu, C. M. (2023). Using Technology to Increase Students' Motivation for Learning a Foreign Language. *Sage*, *29*(2), 210-214. doi:10.1080/2331186X.2022.2164690
- Refat, N., Kassim, H., Rahman, M. A., & Razali, R. B. (2020). Measuring student motivation on the use of a mobile assisted grammar learning tool. *PLOS ONE*, 1-20. doi:10.1371/journal.pone.0236862
- Stockwell, G., & Wang, Y. (2023). Exploring the Challenges of Technology in Language Teaching in the Aftermath of the Pandemic. *RELC Journal*, *25*, 1-9. doi:10.1177/00336882231168438
- Tao, J., & Gao, X. (2022). Teaching and learning languages online: Challenges and responses. *System*, *22*. doi:10.1016/j.system.2022.102819